

# Lifestyle Nutrition's Counseling Program®

## Our program includes:

- Complete Hardware & Equipment for Testing and Implementation
- Custom Waiting Room Brochures, Signs, Power Point Presentations & Posters
- Training Manual, Software Upgrades & Articles
- **Conventional & Alternative Nutritional Protocols for Over 30 Clinical Concerns**
- Billing Guidelines, CPT Codes, Cash & Corporate Wellness Programs – Proposals/Guidelines
- Sample TV Commercial, Camera Ready News Ads, Press Releases & Health Fairs
- Patient Handouts, Learning Modules, Contracts & Pricing for 1-12 Nutritional Sessions
- Training by a Licensed Clinical Nutritionists – **On-site, Webinars or at One of Our Clinics**



**No Start Up Costs**

**Monthly Lease Usually Starts  
After Your Office is Trained!**

**Leases from  
\$199.00 to \$399.00 per month.**

## About Us & Corporate Profile

Since 1989, Christopher Fuzy MS,RD, LD, the Founder of **Lifestyle Nutrition Inc.**, has personally implemented over **700 nutrition programs** with primary care or physician specialists, chiropractors, DO's, multi-specialty medical clinics, naturopaths, alternative or nurse practitioners, PA's, nutritionists, acupuncturists, med spas, elite health clubs, and corporations throughout the US, Latin, and Central America. The program includes a sophisticated metabolic analyzer with proprietary software to provide metabolic assessments and meal plans. **The program is a sliding scale based on lean body mass, body fat percentage, basal metabolic rate, specific exercises and incorporates behavior modification techniques.**

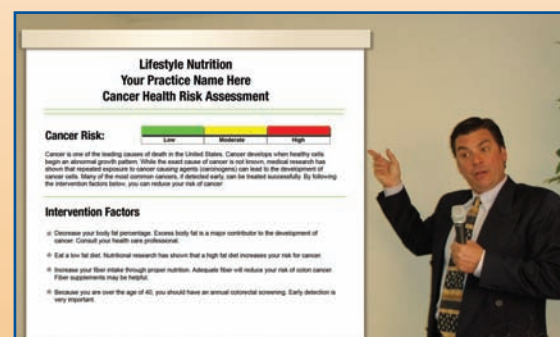
Younger patients place importance on disease prevention and older patients are interested in the management of existing chronic diseases. Our program addresses both concerns. **Physicians find patients to be very receptive to the individualized meal plans that focus on real food and exercise programs, while experiencing greater profits.** Patients find the programs less expensive since they are not purchasing expensive diet products.

**Lifestyle Nutrition is one of a few companies that truly concentrates on nutrition counseling with real food and does sell diet pills, products, bars, powders and packaged foods.** This nutrition program is well accepted by patients/clients and produces significant revenues for it's owners.

Fuzy is a Board Certified Licensed Clinical Nutritionist and Registered Dietitian, with a Master's Degree in Clinical and Sports Nutrition. He completed his Master's Degree and clinical training in the Texas Medical Center and completed his undergraduate degrees in Nutrition and Chemistry at Florida State University. He was Chief Clinical Dietitian at a Fort Lauderdale hospital for 3 years before starting his **private practice offices in Fort Lauderdale and Boca Raton, Florida** in 1990.

Mr. Fuzy has spoken at numerous medical conferences nationwide, authored a multitude of articles for national consumer medical magazines and journals and has trained approximately 10,000 healthcare professionals and clients with the Lifestyle Nutrition Counseling Program®.

Lifestyle Nutrition Inc. is currently expanding with direct mail marketing, television advertising, and hiring representatives to conduct nationwide seminars and training.



*Christopher Fuzy MS, RD, LD giving corporate seminar.*